

Prescriptions

- Lortab 5/500mg (for pain control)
- _____ (for pain control)
- Amoxicillin 500mg (antibiotic) Please take the *entire* prescription.
- _____ (antibiotic) Please take the *entire* prescription.
- Medrol Dose Pack (for swelling and inflammation). Less swelling will lead to less pain. This prescription needs to be filled within one hour of your surgery. Instructions are on the inside of the prescription. Take the first line of pills to correspond to the time of day where you are now. (All Day 1 pills should be taken.)

Dosage Directions

1st Day

Take 2 tablets before breakfast, 1 tablet after lunch and after supper, and 2 tablets at bed time.

Take as prescribed for remainder - until all are gone.

Other Medicines:

- _____
- _____
- _____



Our Commitment to You

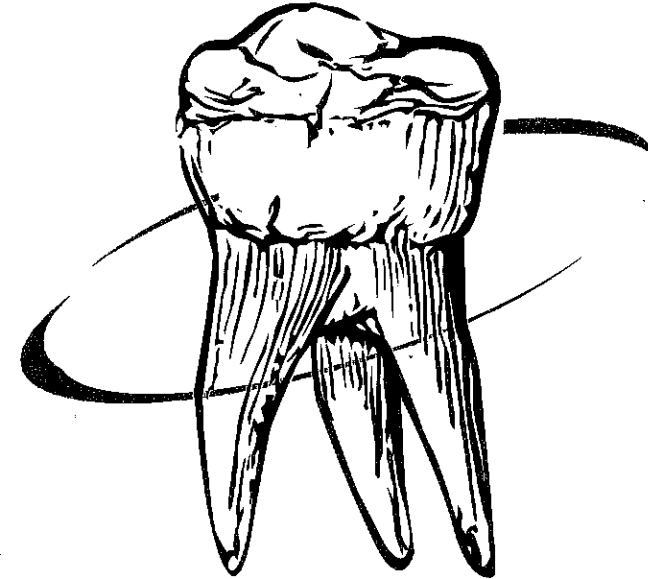
We are committed to:

- Providing individualized care.
- Determining oral hygiene intervals based on each of our patients.
- Communicating treatment needs to our patients.
- Educating our patients.
- Staying abreast of the latest advancements in dentistry in order to provide our patients with the highest quality of care.

Your Next Appointment is:

_____ at _____

Robert A. Vazquez
D.D.S., P.C.



Practice Limited to Periodontics

- Surgical & Non-Surgical Gum Treatment
- Cosmetic & Root Coverage
- Implants
Surgical & Non-Surgical
- IV Sedation

3908 Rosemont Drive
Columbus, GA 31904
PH (706) 596-8850
FAX (706) 596-8985

General Instructions that apply to all surgeries:

- Place ice on the area 15 minutes on and 15 minutes off for 6 hours, continue if swelling persists up to 48 hours. If after 48 hours you still have swelling, switch to a warm compress until swelling is gone.
- If bleeding persists apply firm pressure with a moist gauze pad for 20 minutes. During this time do not remove the pressure pack. Repeat several times if needed. If after several attempts the bleeding continues, contact our office at (706) 596-8850.
- Use Periodex mouth rinse the day *after* your surgery. Continue to use until sutures are removed. Rinse with a cap full for 30 seconds. Use it once after breakfast and once before bed.
- Avoid chewing until the numbness has worn off.
- For the first 48 hours restrict your diet to soft foods. Avoid spicy foods and citrus juice for a week. The acids in those foods break down the natural blood clots that you need to form around the surgical sites.
- Smoking affects the healing process, so cut back as much as possible or stop.
- Do not brush the area where you have sutures until they have been removed. You may brush the rest of your mouth normally.
- We recommend taking 800mg of Advil or Ibuprofen (which is 4 200mg over the counter tablets) every 6-8 hours as needed for pain.
- Take medication as directed.
- _____

Additional Special Instructions for Tissue Grafts:

- Do not pull lip out to look at area where grafts were done. If the area is disturbed the grafts can fail.
- If you have excessive bleeding from the roof of your mouth, first place moist gauze to the area and hold with firm pressure for 15 minutes without removing gauze. You can repeat this up to 3 times. If after 3 cycles of pressure the bleeding has not stopped, call our office at (706) 596-8850.
- _____

Additional Special Instructions for Extractions:

- Bite on a moist gauze pad for 30-40 minutes after the extractions, repeat if necessary.
- Do not rinse area vigorously. You do not want to wash out the natural blood clot that forms. (This could cause a dry socket to form). After the blood clot forms it is important to protect it especially for the next 24 hours. Do not smoke, suck through a straw, or brush on the extraction site.
- _____

Additional Special Instructions for Sinus Lift:

- Do not blow your nose. If you must sneeze, do so with your mouth open to avoid any unnecessary pressure on the sinus area.
- Get a nasal decongestant. (Any kind will do.) Stay on the decongestant for _____ week(s).
- Do not suck through a straw.
- Do not smoke or use smokeless tobacco.
- Do not rinse vigorously.
- Do not lift or pull on lip to look at sutures.
- You may be aware of small granules in your mouth, this is normal.
- If you feel granules in your nose or experience excessive pain after taking prescribed medications call our office at (706) 596-8850.
- _____

Special Instructions for Implants:

- Do not chew or bite directly on the implants until the prosthesis (crown or bridge) is placed.
- If you have a flipper (a removable tooth on a plastic holder) or a denture and it has been placed over the implants, remove them as much as possible while your implants are healing.
- If you notice that your flipper or denture is rubbing on the area causing any unusual soreness or pain, please give our office a call at (706) 596-8850.